

DO YOU KNOW?



JOURNEY OF A PATIENT FOR BARIATRIC SURGERY

1

CLINIC ASSESSMENT BY BARIATRIC SURGEONS

MULTIDISCIPLINARY TEAM REVIEW



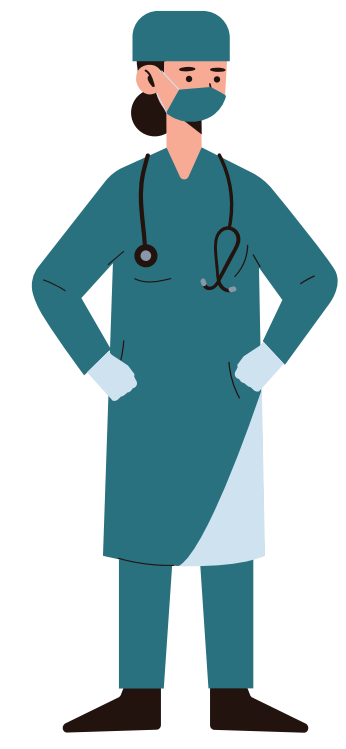
DIETITIAN



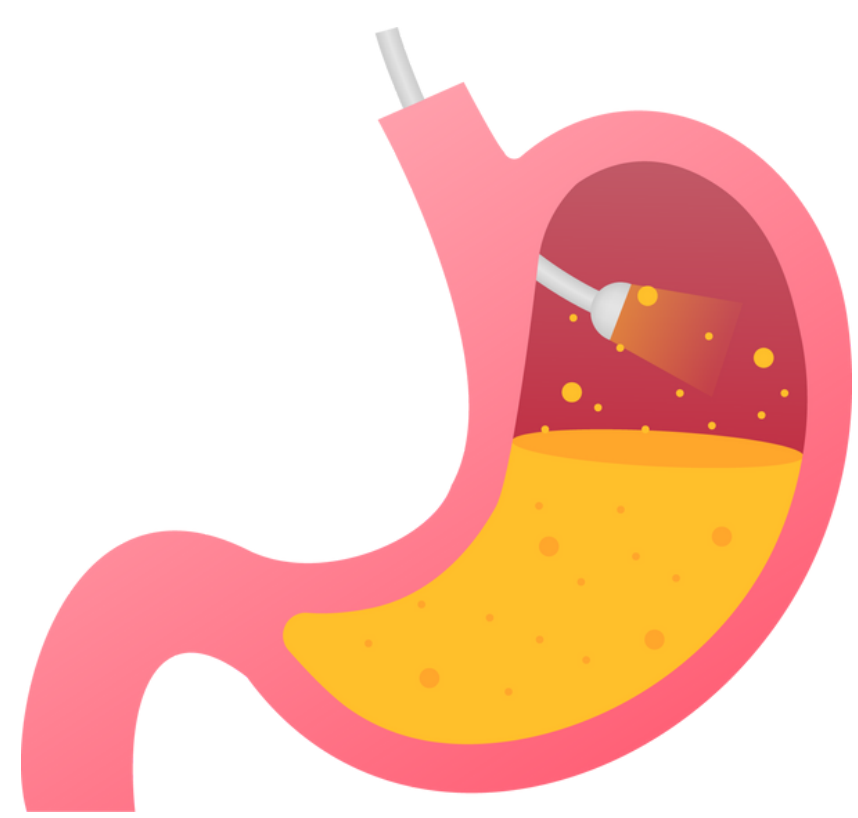
PSYCHOLOGIST



PHYSIOTHERAPIST



BARIATRIC PHYSICIAN



Endoscopy is performed to look for any abnormalities in the stomach such as ulcers, hiatal hernia, which will affect bariatric surgery.

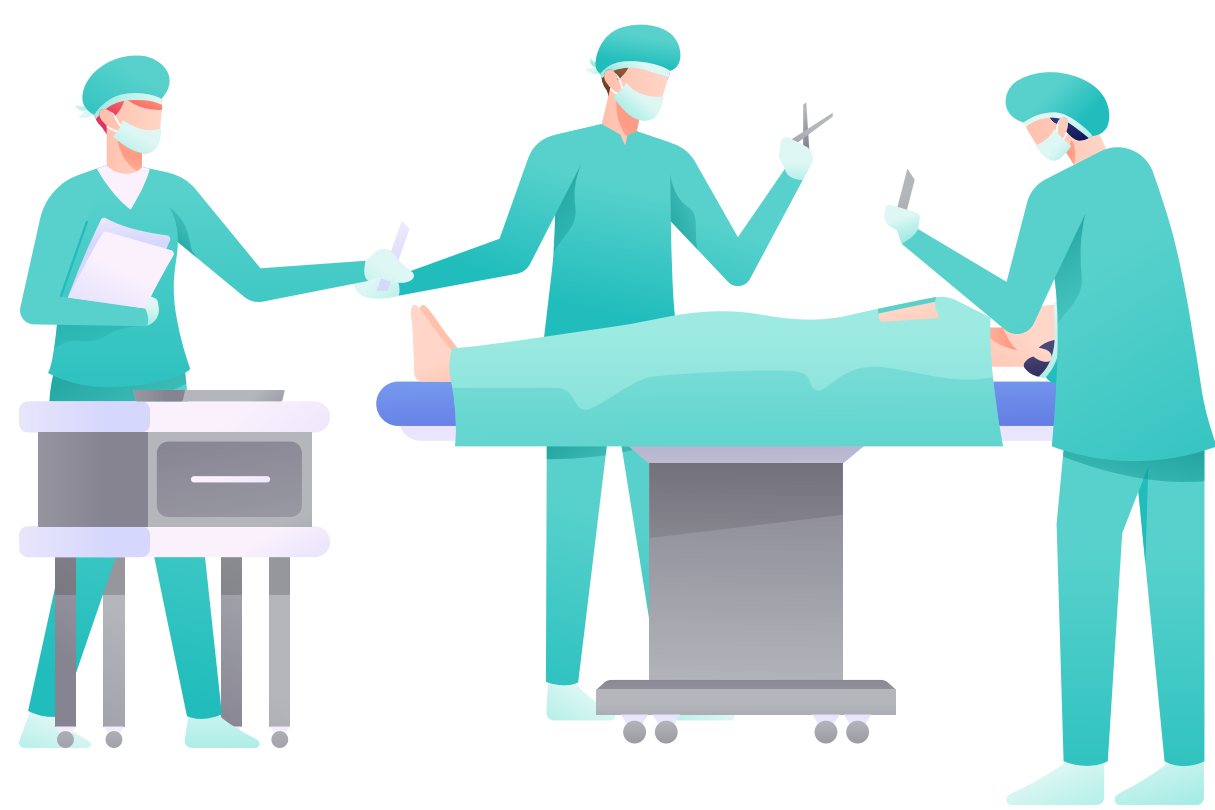
2

ENDOSCOPY

3

PREPARATION FOR SURGERY

- Optimise existing medical conditions
- Replace any deficient vitamins/minerals
- Build on healthy lifestyle habits
- 2 weeks very low calorie LIQUID diet



- Surgery usually takes about 2-3 hours
 - Done via keyhole surgery
- Patients stay about 2 nights in hospital

4

SURGERY

5

FOLLOW-UP WITH MULTIDISCIPLINARY TEAM

Initial follow-up is at close intervals.

This is important to achieve maximal weight loss by 12- 18 months and to ensure that adequate nutrition and lifestyle habits are kept to.



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