

National Healthcare Group

Improving ROTEM Timing in Trauma

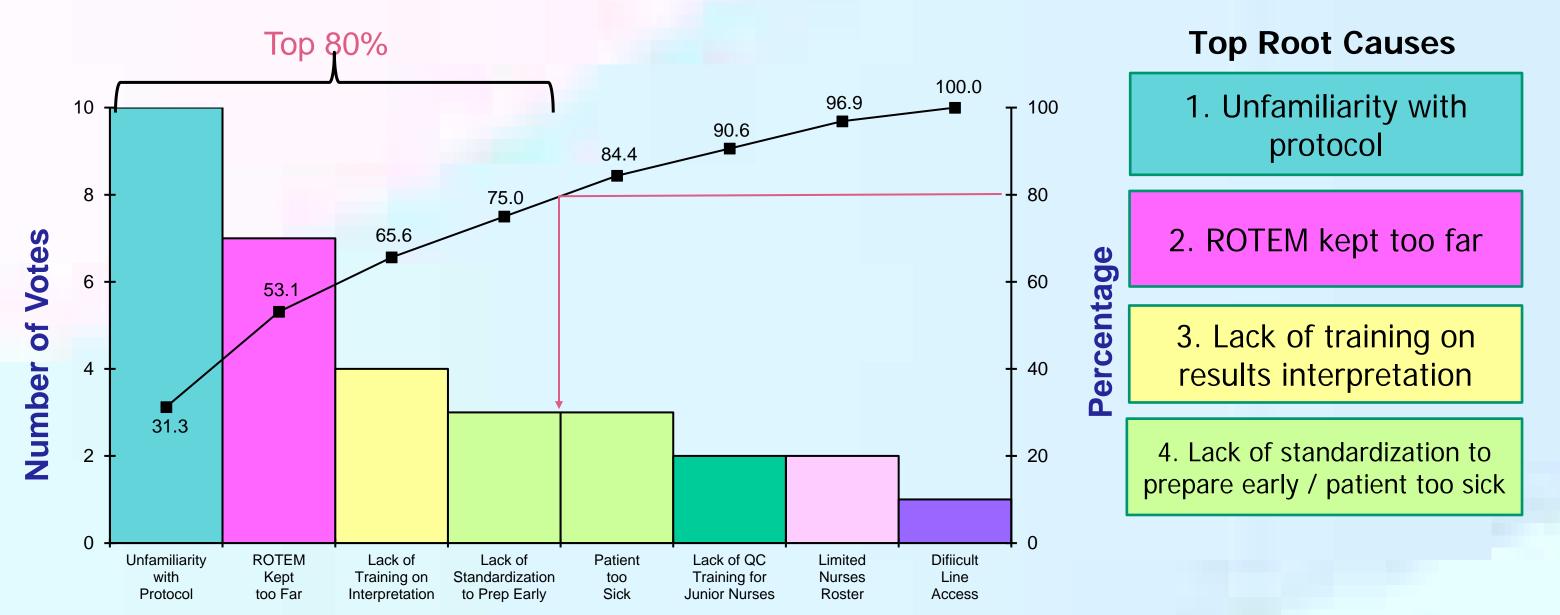
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Adding years of healthy life

Mission Statement

- Background: Coagulopathy is major cause of morbidity & mortality in trauma patients.
- **ROTEM** is a Point-of-Care Viscoelastic Assay that gives rapid, real-time information on clot kinetics.
- It allows for goal directed blood product transfusion inatead of fixed ratio transfusion of 1:1:1
- KTPH has ROTEM guided MTP guidelines since 2021
- Aim: To increase the proportion of major trauma patients requiring Massive Transfusion Protocol (MTP) activation who



Pareto Chart

had ROTEM done within 60 min of OT arrival from 20% to 100% within 6 months.

Team Members					
	Name	Designation	Department	Role	
1.	Dr Chen Xinying	Consultant	Anaesthesia	Team Leader	
2.	Sister Malar	Peri-op Nurse Clinician	MOT	Member	
3.	Yang Hua	Anaesthesia Nurse	МОТ	Member	
4	Dr Soo Kian Shing	Senior Resident Physician	Anaesthesia	Member	
5	Dr Naville Chia	Senior Consultant	Anaesthesia, Blood Transfusion Service	Member	
6	Lim Woan Wui	Trauma Nurse Coordinator	General Surgery	Member	
7	Dr Jerry Goo	Senior Consultant/ Trauma Surgeon	General Surgery	Member	
8	Ritchelle Sagun	Senior Medical Technologist	Lab Medicine	Member	

Evidence for a Problem Worth Solving

- Literature has shown that **goal directed** ROTEM guided MTP \bullet improves survival after injury, promotes appropriate use of **blood products** while **shortening ICU stay**
- Use of VHAs has been recommended during massive transfusion \bullet

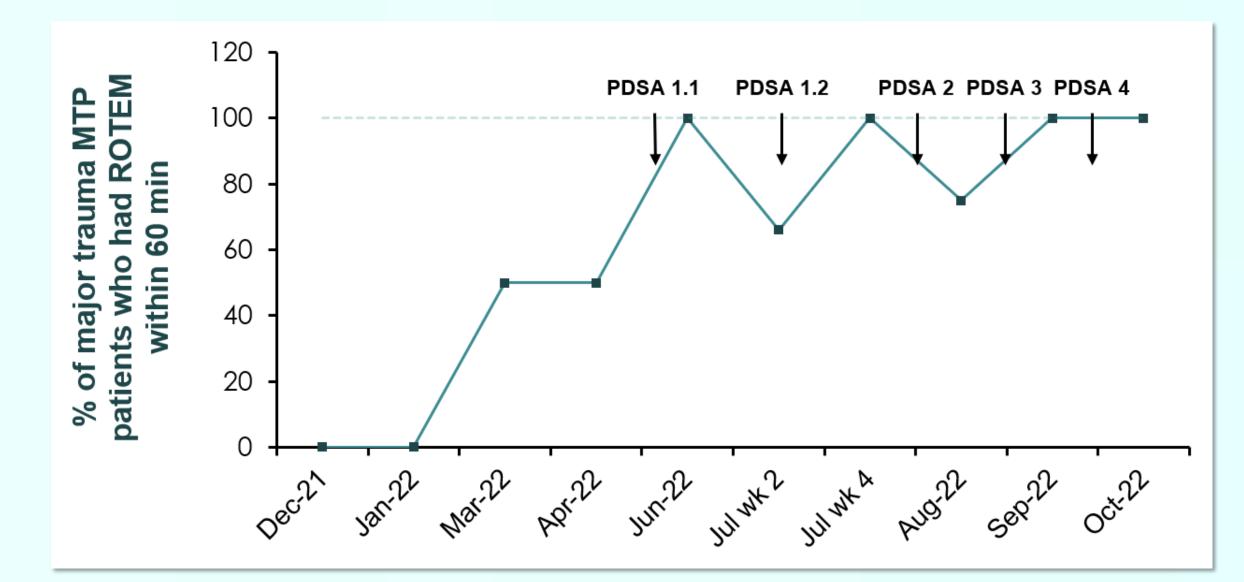
Main Concerns

Implementation

CAUSE / PROBLEM	INTERVENTION	DATE OF IMPLEMENTATION
Unfamiliarity with existing ROTEM guided MTP protocol	 Re-education at Department M & M trauma case presentation 	31 May 2022
	 Increase awareness for new staff through team based simulation practice 	July 2022
 Lack of training on ROTEM results interpretation 	 Formal department teaching on existing protocol & interpretation with quiz 	2 Aug 2022
 ROTEM too far No standardization to prepare early 	 Nurses to bring ROTEM analyser (together with attached protocol) into EOT & switch on early; incorporate into workflow & SOP 	2 Sep 2022
Patient too sick	Verbal prompt from blood bank when MTP cycle 2 & subsequent cycles are ordered	1 Oct 2022

Results

- 100% of actual major trauma patients had ROTEM done within 60 min of OT arrival by Oct 2022
- Average Timing of ROTEM was 42 min in 2022 vs 84 min in 2021

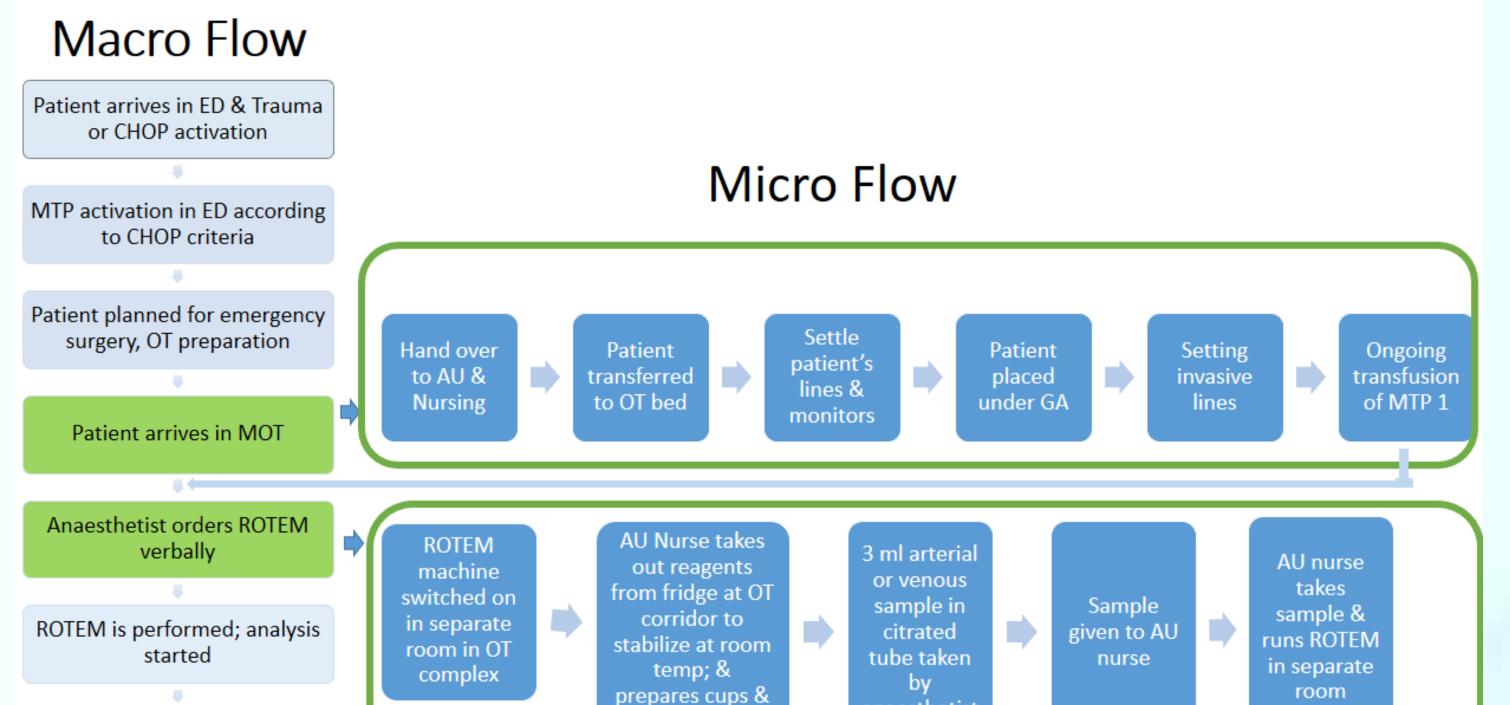


in local & international trauma guidelines

Current Performance of a Process

Only **20%** of patients had ROTEM done within 60 min in 2019-2021

Flow Chart of Process



Run Chart of ROTEM done within 60 min of OT arrival

Cost Savings

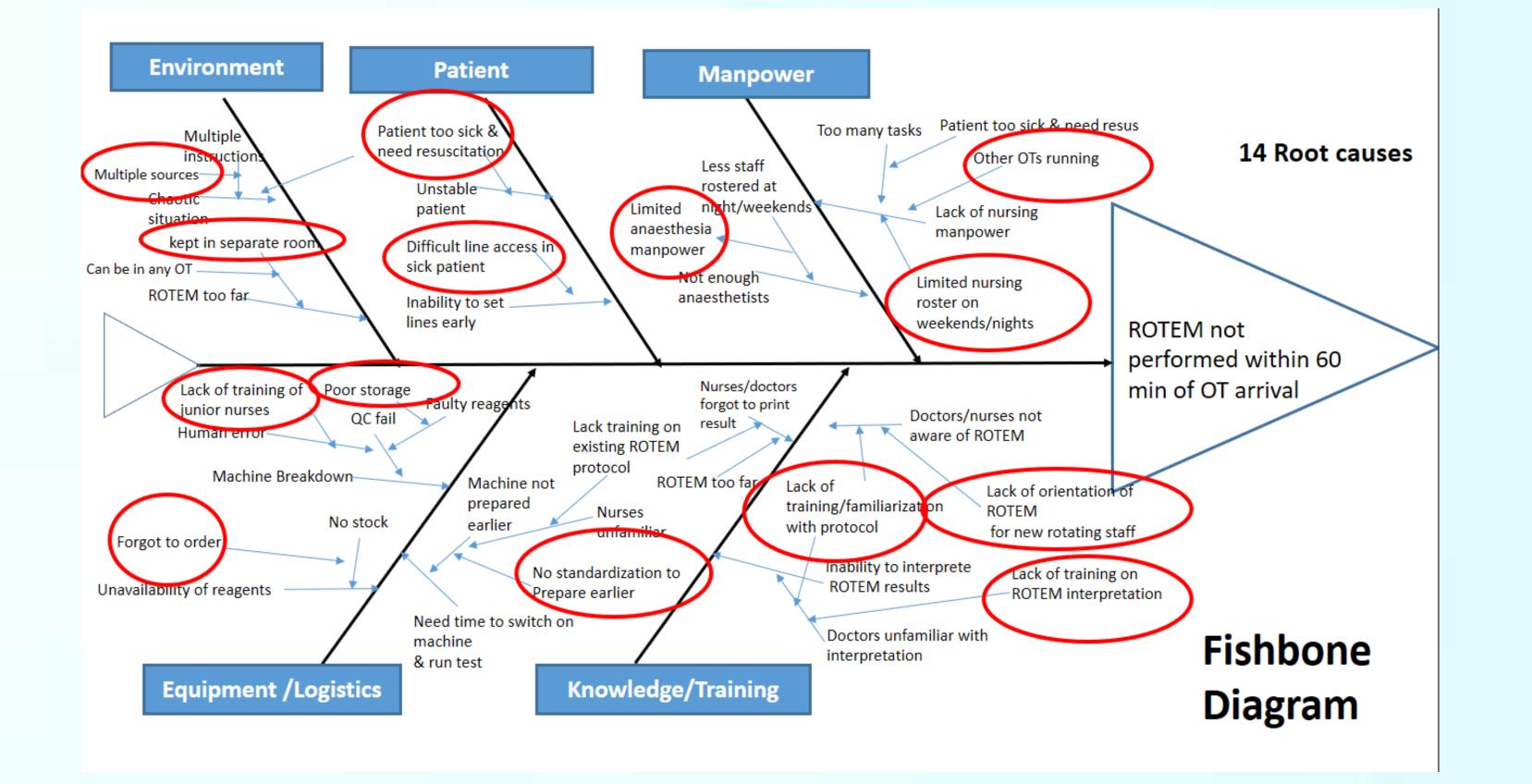
Clinical Outcome	Cost savings to Patient (A class)	Cost Savings to Hospital per patient
Reduction in blood products by 1 MTP cycle	\$1550.12	\$1713.16
Reduction by 2 FFP	\$206.10	\$191.30
Reduction by 1 pooled platelets	\$274.87	\$542.34
Reduce ICU LOS by 2 days	\$2362.62	\$4177.66

Cost savings to Hospital for 10 patients per year ~ Up to \$58908.20



Problems Encountered

Cause and Effect Diagram



- Difficult to change general mindset of doing things the usual way
- Trauma patients are small in number, challenging to perform PDSA cycles; this was overcome by performing simulations
- Staying focused on the mission & keeping the momentum within 6 months is only possible with like-minded team members

Strategies to Sustain

- **Regular** teaching sessions / simulation practice / reminders
- Standardization: Interventions incorporated into the actual workflow & SOP
- **Review/Monitoring**: Continue to monitor the progress 6 monthly or yearly
- **Update** department regularly on targets and the good work done ie better clinical outcomes, more cost savings to hospital/patient
- Spread: Sharing at Hospital Trauma Committee & local/international courses/conferences