



## HIGHEST HONOURS FOR OUTSTANDING HEALTHCARE PROFESSIONALS

11 May 2018

For immediate release

The National Healthcare Group (NHG) presented awards to 35 individuals across six award categories and 13 teams at its annual NHG Awards today. The awards were presented by Guest-of-Honour and NHG Chairman, Madam Kay Kuok (郭运光), at a ceremony held at the Khoo Teck Puat Hospital (KTPH) Auditorium.

Said Madam Kuok, "The NHG Awards celebrate our fellow colleagues and teams whose works have collectively raised the standards of healthcare to the lives of our patients and the community that we serve. These individuals have made significant and stellar contributions towards NHG, our patients and stakeholders in our healthcare delivery. Their dedication in providing high quality care and services, and by going the extra mile, has improved the lives of those in their care."

### **LEE FOUNDATION – NHG LIFETIME ACHIEVEMENT AWARD**

The Lee Foundation - NHG Lifetime Achievement Award recognises medical doctors and dental clinicians who have made significant and impactful achievements throughout their medical career, particularly in elevating the quality of public healthcare services for the benefit of the Singapore community.

This year's award was presented to **Associate Professor Teoh Lam Chuan (張南川)**, an Orthopaedic Surgery Specialist (Hand and Microsurgery) at Tan Tock Seng Hospital (TTSH). With his vast experience in clinical hand surgery, A/Prof Teoh was instrumental in setting up a comprehensive hand surgery section in TTSH and was a founding surgeon for Hand Surgery as an independent specialty in the hospital in 1996. The renowned hand specialist is also responsible for developing a teaching syllabus for Advanced Specialist Training (AST) trainees.

### **DISTINGUISHED SENIOR CLINICIAN AWARD (DSCA)**

The Distinguished Senior Clinician Award recognises veteran doctors or surgeons for their contributions in clinical, education and research practice. The two winners of this award were:

**Associate Professor Brenda Ang (洪诗嫻)** whose knowledge in the area of Infectious Diseases has contributed to the control of outbreaks in Singapore including the Nipah virus in 1999, SARS in 2003, Chikungunya in 2008 and H1N1 in 2009. Currently a Senior Consultant at the Department of Infectious Diseases in TTSH, A/Prof Ang was appointed Chairman of the hospital's Infection Control Committee in 1996 and continues to be actively involved in the development and implementation of policies for the Infection Control Unit.

**Clinical Associate Professor Chiam Peak Chiang (詹碧江)** has cared for people with mental conditions for more than 30 years at the Institute of Mental Health (IMH). As Chief of Department of Geriatric Psychiatry at IMH, A/Prof Chiam and her team are involved in helping seniors with mental health disorders to live independently. Their efforts have gained greater impetus in recent years in view of Singapore's rapidly ageing population. As part of the push for early detection and a community-based approach to mental health, she initiated the Graduate Diploma in Mental Health. The programme equips General Practitioners, who are often the first point of care for people in the community, with the skills required to identify and manage mental health conditions in the community.

### **NHG DISTINGUISHED ACHIEVEMENT AWARD**

The 2018 NHG Distinguished Achievement Award was presented to three winners, in recognition of their remarkable careers and contributions to NHG's multifaceted strategic aims in clinical, operational, educational and research areas. The winners were:

**Associate Professor Chiu Ming Terk (邱明德)**, a Senior Consultant and General and Trauma surgeon at TTSH. A/Prof Chiu has more than 10 years of experience since the discipline's inception. He started TTSH's Trauma Centre, now the largest of its kind in Singapore, as well as the Training Trauma Centre, which has grown to be a training centre for the region. Half of the Centre's participants for training courses are from overseas. A/Prof Chiu also initiated the annual Singapore Trauma Conference, recognised for generating discussions and efforts to improve trauma care education and clinical outcomes in Singapore, and the Asia-Pacific region.

**Dr William Chan Wai Lim (陳煒廉)** is a Senior Consultant in Rehabilitation Medicine at TTSH and chairs the Clinical Practice Improvement Program (CPIP) Faculty. His five-year project, Integrated Hip Fracture Care Programme (HSDP), has clinched multiple awards, including the TTSH Milestone Award and NHG Team Award Bronze 2017. The programme reviews work processes, gives an introduction of CPIP and MyCare methodologies to improve care processes and outcomes such as reducing hospital stay patients.

Senior Consultant and **Associate Professor Yeo Seng Beng (楊陞明)**, who helms the Otorhinolaryngology (ENT) department in TTSH, established the subspecialty of Otology in the hospital. Under his leadership, the department has developed a full range of ENT services and was the first to offer electro-physiological testing of the facial nerve and cochlear potentials in Singapore.

### **NHG TEAM RECOGNITION AWARD**

The growing chronic disease burden has resulted in more complex needs of patients, making teamwork an essential part of care delivery. The NHG Team Recognition Award recognises top-performing teams who have contributed significantly to the improvement of healthcare delivery processes. Thirteen teams were commended for their exemplary achievements, including the **Gold winners** as follows:

### **Inpatient Frail Elderly Care Team**

*Led by Dr Margaret Soon Mei Ling  
Deputy Director, Nursing Service  
Tan Tock Seng Hospital (TTSH)*

To bridge gaps in caring for senior patients and to enable TTSH to be elder-friendly, this team established a Framework for Inpatient Care of the Frail Elderly (FIFE). It adopts a two-pronged approach in which the Geriatric Comprehensive Assessment and Rehabilitation for the Elders (GeriCare) and the Geriatric Resource Nurses (GRNs)/Ward Resource Nurses (WRNs) work together to implement a process to develop services for delivery of systematic geriatric care to frail elderly in-patients. The geriatric trainings, assessments and practices will be expanded to the rest of wards, outpatient and community care.

### **Yishun Health Hip Fracture Unit**

*Led by Dr Jagadish Ullal Mallya, Senior Consultant, Geriatric Medicine  
Khoo Teck Puat Hospital (KTPH)*

To provide an integrated care experience for hip fracture patients at KTPH as well as patients transitioning through Yishun Health, the team started the Yishun Health Hip Fracture Unit in 2015. The unit has helped to improve outcomes by mobilising hip fracture patients early and helping them better manage pain through continuous peripheral nerve block infusions. The Hip Fracture Unit has also reduced the risk of pneumonia in patients by identifying possible complications they may have while swallowing. The number of pneumonia incidences in the Unit is less than two per cent, as compared with 14.5 per cent internationally.

### **Acute Internal Medicine Service**

*Led by Adjunct Assistant Professor Tan Zie Hean Endean, Consultant, General Medicine  
Tan Tock Seng Hospital (TTSH)*

The team started the Acute Internal Medicine Service (AIMS), a two-tiered service comprising triage and assessment of specified patients in the Emergency Department, in 2016. Between November 2016 and October 2017, it managed 863 patients. These patients were seen by a Consultant earlier, with 80 per cent of them discharged within three days, thereby improving the hospital's bed resources. There are plans to increase the scope, conditions and number of patients being managed by AIMS.

### **OTHER NHG AWARD CATEGORIES**

Besides these awards, NHG also celebrated the achievements of winners in the remaining categories:

- NHG Outstanding Citizenship Award – 8 awards
- NHG Education Leaders Award – 6 awards
- NHG Young Achiever Award – 15 awards

A complete list of the NHG Award Winners can be found in **Annex A**.

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For winners' profiles or more information, please contact:

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**About the National Healthcare Group**

The National Healthcare Group (NHG) is a leader in public healthcare in Singapore, recognised at home and abroad for the quality of its medical expertise and facilities. Care is provided through an integrated network of six primary care polyclinics, acute care and tertiary hospitals, national specialty centres and business divisions. Together they bring a rich legacy of medical expertise to our philosophy of integrated patient-centred care.

NHG's vision is "Adding Years of Healthy Life". This vision goes beyond merely healing the sick to the more difficult and infinitely more rewarding task of preventing illness and preserving health and quality of life. With some 18,000 staff, NHG aims to provide care that is patient-centric, accessible, seamless, comprehensive, appropriate and cost-effective.

As the Regional Health System (RHS) for Central Singapore, it is vital for NHG to partner and collaborate with stakeholders, community advisors, and voluntary welfare organisations. Together with our patients, their families and caregivers, we aim to deliver integrated healthcare services and programmes that help in Adding Years of Healthy Life to all concerned. More information is available at [www.nhg.com.sg](http://www.nhg.com.sg).

**About the NHG Awards**

The annual National Healthcare Group (NHG) Awards started in 2001 with the inaugural Lee Foundation-NHG Lifetime Achievement Award. New categories for NHG Distinguished Contributor Award and NHG Outstanding Citizenship Award were added in 2005, with a third category for NHG Distinguished Achievement Award included in 2007. Collectively known as the NHG Awards, it recognises the dedicated healthcare professionals across NHG who go the extra mile.

Awards in six individual categories and one team category were given out this year:

1. **Lee Foundation - NHG Lifetime Achievement Award** recognises NHG medical doctors and dental clinicians who have made significant and impactful achievements throughout their medical career, particularly in elevating the quality of public healthcare services for the benefit of the Singapore community.
2. **The Distinguished Senior Clinician Award** recognises leading experts who have made distinguished contributions to the medical/dental professions, the Singapore public healthcare sector and the international community, in the areas of clinical service, education and research.
3. **The NHG Distinguished Achievement Award** recognises NHG staff who have achieved remarkable careers and contributed to NHG's multifaceted strategic objectives in the clinical, operational, educational or research arenas.
4. **The NHG Outstanding Citizenship Award** recognises NHG staff who have made immense contributions to NHG's strategic objectives and taken on additional responsibilities outside of their own portfolios.
5. **The NHG Young Achiever Award** recognises the future leaders of NHG who have made significant contributions beyond their daily job functions to positively impact the organisation.
6. **The NHG Education Leaders Award** recognises NHG staff who assume leadership roles in multiple venues related to education and demonstrate emotional competence to build trust and lead people from different professions and backgrounds for educational excellence.
7. **The NHG Team Recognition Award** recognises top-performing teams who have contributed significantly to the improvement of healthcare delivery processes.

## List of Chinese Translations

国立健保集团杰出奖	NHG Awards
终身成就奖	Lifetime Achievement Award
杰出高级临床医师奖	Distinguished Senior Clinician Award
杰出成就奖	Distinguished Achievement Award
卓越公民奖	Outstanding Citizenship Award
青年成就奖	Young Achiever Award
教育领袖奖	Education Leaders Award
团队赞誉奖	Team Recognition Award

## **ANNEX A**

<b>S/N</b>	<b>Award Category</b>	<b>S/N</b>	<b>Winners</b>	<b>Institutions</b>
1	Lee Foundation – NHG Lifetime Achievement (LA) Award	1.	A/Prof Teoh Lam Chuan	TTSH
2	NHG Distinguished Senior Clinician Award (DSCA)	1.	A/Prof Brenda Ang	TTSH
		2.	A/Prof Chiam Peak Chiang	IMH
3	NHG Distinguished Achievement (DA) Award	1.	Dr Chan Wai Lim William	TTSH
		2.	A/Prof Yeo Seng Beng	TTSH
		3.	A/Prof Chiu Ming Terk	TTSH
4	NHG Outstanding Citizenship (OC) Award	1.	Prof Eugene Fidelis Soh	TTSH
		2.	Dr Lim Say Quant Jamie, Mervyn	TTSH
		3.	Mr Yong Keng Kwang	TTSH
		4.	Dr Yang Weiren, Eugene	KTPH
		5.	Dr Wei Ker-Chiah	IMH
		6.	Dr Tung Yew Cheong	NHGP
		7.	Dr Tey Hong Liang	NSC
		8.	Ms Yeo Seok Huan, Geraldine	NGHQ
5	NHG Education Leader Award	1.	Ms Chan Lay Lin	IMH
		2.	Associate Professor Ong Say How	IMH
		3.	Ms Chew Pei Kiang	KTPH
		4.	Ms Tan Paik Geok Peggy	NHGD
		5.	Associate Professor Chua Sze Hon	NSC
		6.	Ms Loy Fong Ling	TTSH
6	NHG Young Achiever Award (YA)	1.	Ms Chew Mei Mei, Melissa	TTSH
		2.	Ms Chan Monica	TTSH
		3.	Ms Kang Sin Ee, Jasmine	TTSH
		4.	Ms T'ng Kuan Chen, Zenne	TTSH
		5.	Ms Cheah Lilian, Eileen	KTPH
		6.	Mr Lam Chih Chiang, Benjamin	KTPH
		7.	Ms Law Chiew Chie, Chelsea	KTPH
		8.	Dr Yeoh Chai Kheng, Ester	KTPH
		9.	Mr Qi Zhegang	IMH
		10.	Ms Goh Ai Sze	IMH
		11.	Mr Wang Jia	IMH
		12.	Dr Chong Wern Siew, Christopher	NHGP
		13.	Dr Kee Kok Wai	NHGP
		14.	Dr Kong Jing Wen	NHGP
		15.	Dr Teo Hui Ying, Valerie	NHGP

7	NHG Team Recognition Award (TRA)			
	Gold	1.	Inpatient Frail Elderly Care Team	TTSH
		2.	Yishun Health Hip Fracture Unit (HHFU)	Yishun Health
		3.	Acute Internal Medicine Service (AIMS)	TTSH
	Silver	4.	The Digital Transformation of Primary Care	NHGP
		5.	FIFE Nutrition Subcommittee	TTSH
		6.	Occupational Therapy Activities, Vocational Empowerment (OcTAVE@IMH)	IMH
		7.	DM Foot Step Up (Diabetes Screening, Surveillance, Treatment @ Escalation Protocol for Ulcer Prevention)	NHGP
		8.	Acute Medical Unit (AMU)	KTPH
	Bronze	9.	Emergency Surgery and Trauma (ESAT) Team	KTPH
		10.	Telehealth Supported-Community Care Team (TS-CCT)	KTPH
		11.	Stream-lining of Patient Journey from AMK THK Hospital Discharge to AMK Polyclinic	NHGP
		12.	ICU Critical Care Outreach Warriors	KTPH
Special Mention	13.	TTSH Staff Immunisation Framework	TTSH	