



Healthcare Humanity Awards 2013:  
**54 Healthcare Heroes Honoured as  
Singapore Celebrates the 10<sup>th</sup> Anniversary of The Courage Fund**

**Singapore, 30 April 2013** – The Courage Fund celebrates the 10<sup>th</sup> anniversary of its inception in 2003, and this year honours 54 winners of the Healthcare Humanity Awards (HHA). Patron-in-Chief of the Fund, President Tony Tan Keng Yam, will present the awards to the recipients in a special ceremony today.

This year's HHA winners represent a multi-disciplinary mix of doctors, nurses and allied health professionals. Hand-picked from 21 hospitals and institutions, they stand out for their pioneering efforts in improving patient care and going beyond the call of duty. Here are some of their heart-warming stories.

**Senior Staff Nurse, Singaravelan S/O Pavadai**, has worked with patients with mental illness for over 20 years. His win is especially poignant as he remembers offering psychological support to patients and staff during the SARS outbreak in 2003, and again for those affected by H1N1 in 2010. His ability to listen and empathise has made him a constant source of comfort and encouragement to patients and staff in crisis.

**Ms Ng Wan Ru** took the road less travelled when she left corporate life 12 years ago to provide nursing care to cancer patients. The 39-year-old later joined **HCA Hospice Care**, where she serves as an **Oncology and Palliative Home Care Nurse**.

**Senior Staff Nurse Noor Faezah Binte Mohamed Yusoff**, 26, went beyond the call of duty to help one of her young charges from the Paediatric Oncology ward in the **KK Women's and Children's Hospital**. For five months, Nurse Faezah would spend her

---

days off bringing groceries and meals to a needy patient and his family, as well as checking on the child's medical needs.

As in the past, nurses represent the biggest number of HHA winners. This year sees 33 representatives from the nursing profession being honoured while doctors make up another 30 per cent of winners.

**Dr Djon Huang, 40, of the National Healthcare Group Polyclinics** set up the Musculoskeletal Clinic at the group's Woodlands and Ang Mo Kio branches in 2010 and 2012, respectively. The clinics assess and treat patients with musculoskeletal conditions or sports related injuries nearer their homes, reducing the need for extended trips to the acute hospitals. Patients who need a referral to the hospitals are also closely monitored by the Musculoskeletal Clinic to ensure continuity of care when they eventually return to the Polyclinic. Dr Huang also actively organises health screening events for the needy and frail elderly community as well. Over the last year alone, Dr Huang organised health screening activities for the needy communities in Woodlands, Ang Mo Kio and Woodgrove, benefitting over 700 residents.

**Dr Chan Lai Gwen, 35, associate consultant at the Psychiatry Department of Tan Tock Seng Hospital,** is a pioneering doctor and core member of HealthServe. In between her time with her three children and patients at TTSH, the 35-year-old volunteers with the non-profit group, where she helps treat needy migrants.

**Dr Colin Theng from the National Skin Centre** has served as President of the Singapore Psoriasis Association since 2004. Through his volunteerism, this 43-year-old, Senior Consultant has helped raise awareness of the disease while also encouraging more fellow doctors to lend a hand outside of the office.

This year's 54 winners were rigorously evaluated by an independent panel of five judges led by Mr Tee Tua Ba, Chairman of the Singapore Red Cross Society. All winners will take home a silver medallion and cash prize of \$1,500.

~ ~ End ~ ~

---

## **About The Courage Fund and Healthcare Humanity Awards (HHA)**

The Courage Fund was launched in 2003 to raise money for relief to SARS victims and healthcare workers. It was so named as a tribute to the bravery and dedication of healthcare staff during the outbreak. The Fund is jointly organised by the National Healthcare Group (NHG), Singapore Health Services (SingHealth), Singapore Medical Association (SMA), Singapore Nurses' Association (SNA) and Singapore Press Holdings (SPH).

The Healthcare Humanity Award or HHA is a continuing legacy of the Courage Awards originally given out in 2003 to the healthcare heroes of SARS. About 5,500 Courage Awards were presented in 2003. It was replaced the following year by the HHA which has recognised the efforts of 463 healthcare workers since 2004.

### **For media queries about The Courage Fund, please contact:**

Lim Phay-Ling  
Deputy Director, Group Corporate Communications  
**National Healthcare Group**  
Direct: 6496 6261  
Email: [lim\\_phay\\_ling@nhg.com.sg](mailto:lim_phay_ling@nhg.com.sg)

### **For media queries about the HHA winners, please contact:**

Jeremy Pakiam  
Executive, Corporate Communications  
**Tan Tock Seng Hospital**  
Direct: 6357 8419  
Email: [jeremy\\_pakiam@ttsh.com.sg](mailto:jeremy_pakiam@ttsh.com.sg)

Fiona Foo  
Asst Manager, Corporate Communications  
**Institute of Mental Health**  
Direct: 6389 2868  
Email: [Fiona\\_wy\\_foo@imh.com.sg](mailto:Fiona_wy_foo@imh.com.sg)

Annie Chua  
Executive, Corporate Communications  
**National Healthcare Group Polyclinics**  
Direct: 6497 6734  
Email: [annie\\_hl\\_chua@nhgp.com.sg](mailto:annie_hl_chua@nhgp.com.sg)

Audrey Wong  
Executive, Corporate Communications  
**National Skin Centre**  
Direct: 6350 8231  
Email: [audreywong@nsc.gov.sg](mailto:audreywong@nsc.gov.sg)

Angeline Chen  
Senior Executive, Corporate Communications  
**KK Women's & Children's Hospital**  
Direct: 6319 2321  
Email: [media@kkh.com.sg](mailto:media@kkh.com.sg)

Emma Goh  
Community Relations Manager  
**HCA Hospice Care**  
Direct: 6251 2561  
Email: [emmaG@hcahospicecare.org.sg](mailto:emmaG@hcahospicecare.org.sg)