

ABOUT OUR INSTITUTIONS



TAN TOCK SENG HOSPITAL

11 JALAN TAN TOCK SENG
SINGAPORE 308433
TEL: 6256 6011
www.ttsh.com.sg

Tan Tock Seng Hospital (TTSH) is the flagship hospital of NHG and part of Singapore's public healthcare system. As a pioneering hospital with strong roots in the community for over 175 years, TTSH is recognised as the People's Hospital, serving a resident population of 1.4 million living in Central Singapore.

Together, with 70 community partners and 80 community health posts, it brings care beyond the hospital into the community as an Integrated Care Organisation – Central Health.

As one of the largest multidisciplinary hospitals in Singapore, TTSH operates more than 1,700 beds with centres of excellence including the National Centre for Infectious Diseases (NCID), Institute for Geriatrics & Active Ageing (IGA), NHG Eye Institute (NHGEI), TTSH Rehabilitation Centre, and Ang Mo Kio Specialist Centre (AMKSC).

TTSH's 600-bed Integrated Care Hub will be ready in 2023 to provide for subacute care and rehabilitation. As a healthcare leader in population health, systems innovation, health technologies and workforce transformation, TTSH hosts Singapore's largest purpose-built innovation centre for healthcare – the Ng Teng Fong Centre for Healthcare Innovation (CHI) and its Co-Learning Network of 37 local and international partners.

NATIONAL CENTRE FOR INFECTIOUS DISEASES

16 JALAN TAN TOCK SENG
SINGAPORE 308442
TEL: 6256 6011
www.ncid.sg

The National Centre for Infectious Diseases (NCID) is a purpose-built facility designed to strengthen Singapore's capabilities in infectious disease management and prevention. NCID houses clinical services, public health, research, training and education, and community engagement functions under one overarching structure. In addition to the clinical treatment of infectious diseases and outbreak management, the expanded roles and functional units of NCID include the National Public Health and Epidemiology Unit, the National Public Health Laboratory, the Infectious Disease Research and Training Office, the Antimicrobial Resistance Coordinating Office, and the National Public Health programmes for HIV and Tuberculosis. Benchmarked to international standards and best practices, NCID will enhance Singapore's ability to effectively manage infectious diseases.



NATIONAL HEALTHCARE GROUP POLYCLINICS
 HEADQUARTERS
 3 FUSIONPOLIS LINK #05-10
 NEXUS@ONE-NORTH (SOUTH LOBBY)
 SINGAPORE 138543
 CONTACT CENTRE: 6355 3000
www.nhgp.com.sg

National Healthcare Group Polyclinics (NHGP) forms the primary healthcare arm of NHG. Its six polyclinics serve a significant proportion of the population in the central and northern parts of Singapore.

NHGP provides a comprehensive range of health services for the family, functioning as a one-stop health centre providing treatment for acute medical conditions, management of chronic diseases, women & child health services, and dental care. The focus of NHGP's care is on health promotion and disease prevention, early and accurate diagnosis, disease management through physician-led team-based care, as well as enhancing the capability of Family Medicine through research and teaching.

Through the Family Medicine Academy and the NHG Family Medicine Residency Programme, NHGP plays an integral role in the delivery of Primary Care training at medical undergraduate and post-graduate levels. With the Primary Care Academy, NHGP provides training to caregivers and other primary care counterparts in the community sector.

INSTITUTE OF MENTAL HEALTH
 BUANGKOK GREEN MEDICAL PARK
 10 BUANGKOK VIEW
 SINGAPORE 539747
 TEL: 6389 2000
www.imh.com.sg

The Institute of Mental Health (IMH) is a 2,000-bed acute tertiary psychiatric hospital. Set amidst 23 hectares of serene surroundings, IMH offers a multidisciplinary and comprehensive range of psychiatric, rehabilitative, and counselling services in both hospital and community-based settings to meet the needs of children and adolescents, adults, and the elderly. Besides providing patient-centred clinical services, IMH trains the current and next generation of clinicians, nurses, and allied health professionals in psychiatry and conducts research related to mental health.



ADMIRALTY MEDICAL CENTRE
 676 WOODLANDS DRIVE 71 #03-01
 KAMPUNG ADMIRALTY SINGAPORE 730676
 TEL: 6807 8000
www.admiraltymedicalcentre.com.sg

Admiralty Medical Centre (AdMC) is a one-stop medical centre for outpatient clinic consultation, day surgery, rehabilitation and diagnostic services, as well as community health outreach activities. It provides selected specialist outpatient services, day surgery procedures and endoscopies for patients. The medical and surgical services are run by clinical departments from Khoo Teck Puat Hospital. AdMC aims to provide hassle-free, holistic specialist care in a convenient community setting in collaboration with other healthcare partners.



INSTITUTE OF GERIATRICS AND ACTIVE AGEING
 CENTRE FOR GERIATRIC MEDICINE
 TEL: 6359 6332
www.iga.com.sg

The Institute of Geriatrics and Active Ageing (IGA) was established to be at the forefront of Tan Tock Seng Hospital's expansion of research and training initiatives to serve our rapidly ageing population.

Through rigorous translational research and innovation relevant to the needs of older persons, IGA aims to influence geriatric care and practice, propagate evidence-based knowledge through education and learning, and advance the health and quality of life of older persons.



NATIONAL HEALTHCARE GROUP DIAGNOSTICS
 3 FUSIONPOLIS LINK #05-08
 NEXUS@ONE-NORTH (SOUTH TOWER)
 SINGAPORE 138543
 CALL CENTRE: 6275 6443 (6-ASK-NHGD)
www.diagnostics.nhg.com.sg

National Healthcare Group Diagnostics (NHGD) is a business division of NHG, providing quality laboratory and imaging services at the primary healthcare level. Via its extensive network of over 20 imaging centres, laboratories and a fleet of mobile service vehicles, NHGD provides one-stop imaging and laboratory services that are accessible, cost-effective, timely, seamless, and accurate. In its continuous quest for quality excellence, NHGD received international accreditation such as ISO 15189 for medical testing and medical imaging.

Urgent Care Centre
 @ Admiralty

URGENT CARE CENTRE @ ADMIRALTY
 676 WOODLANDS DRIVE 71 #01-01
 KAMPUNG ADMIRALTY SINGAPORE 730676
 TEL: 6363 3000
www.whc.sg/feelingunwell/urgent-care

The Urgent Care Centre at Kampung Admiralty (UCC @ Admiralty) provides consultations for urgent but not life-threatening acute medical conditions requiring intermediate level of care, and treatments such as application of splint or cast for simple fractures and dislocations, stitching for cuts and wounds, and administration of intravenous fluid. Located in the community, the UCC makes urgent care more accessible to residents living nearby, without them having to visit the hospital emergency department (ED). The UCC @ Admiralty is an initiative by Woodlands Health in partnership with Khoo Teck Puat Hospital.



NHG PHARMACY
 3 FUSIONPOLIS LINK #05-07
 NEXUS@ONE-NORTH (SOUTH LOBBY)
 SINGAPORE 138543
 TEL: 6340 2300
www.pharmacy.nhg.com.sg

National Healthcare Group Pharmacy (NHGPh), a business unit of NHG, provides a wide range of pharmacy services to meet the needs of the community. Our pharmacies offer trusted services to help the community use their medication in a safe, effective, and responsible manner. As the leading provider of pharmacy services in the long-term care sector, we actively address the needs of the senior community and their caregivers. Our team of pharmacists provides clinical pharmacy services to help customers achieve the best results for their prescribed therapy by working with other members of the healthcare team. Customers can seek advice on medication and purchase quality and affordable healthcare essentials from our retail branches and online store.



NHG COLLEGE

3 FUSIONOPOLIS LINK #03-08
 NEXUS@ONE-NORTH (SOUTH LOBBY)
 SINGAPORE 138543
www.college.nhg.com.sg

NHG College plays an instrumental role in facilitating continuous learning and development of our workforce, as well as driving leadership development in NHG. NHG College taps into our internal expertise, and collaborates with renowned institutions and industry partners to build collective capabilities of NHG leaders, educators, healthcare professionals, and staff, to improve the health of our patients and the community.



NHG EYE INSTITUTE

TEL: 6357 8000

NHG Eye Institute (NHGEI) synergises clinical expertise and services across all ophthalmology departments in NHG (Tan Tock Seng Hospital, Khoo Teck Puat Hospital and Woodlands Health) to provide the breadth and depth of eye care to our patients. Coordinated sub-specialty complex care, award-winning clinical research and innovation, and a rigorous culture of quality improvement, training and mentorship are our hallmarks. Together with NHG Polyclinics, we have developed an extended network of primary eye care units in the community, and we co-anchor the Singapore Integrated Diabetic Retinopathy Programme with Singapore National Eye Centre.



NHG HEART INSTITUTE

Established on 1 June 2019, the NHG Heart Institute encompasses the cardiology departments of Tan Tock Seng Hospital, Khoo Teck Puat Hospital and Woodlands Health. It seeks to strengthen the practice of cardiology across NHG through good clinical and administrative governance, consistency in standards of care, and harmonisation of manpower to facilitate right-siting of services and provide evidence-based care. It also serves as a platform for collaboration and coordination for clinical practice, research, education, training, and population health. NHG Heart Institute will partner providers in Primary Care to deliver seamless care and transition for our patients in the community.

USEFUL LINKS & HELPLINES

MENTAL HEALTH

- IMH Mental Health Helpline: 6389 2222
- Samaritans of Singapore (SOS) Hotline: 1800 221 4444
- Singapore Association for Mental Health (SAMH) Helpline: 1800 283 7019
- National CARE Hotline: 1800 202 6868
- Silver Ribbon (Singapore): 6386 1928
- Community Health Assessment Team (CHAT): 6493 6500 / 6501
- Community Wellness Clinics (CWCs)
 - Geylang Polyclinic, 21 Geylang East Central, Singapore 389707
 - Queenstown Polyclinic, 580 Stirling Road, Level 4, Singapore 148958

CAREGIVER SUPPORT

- For caregivers to persons with mental illness:
 - Caregiver Alliance: 6460 4400 or visit www.cal.org.sg
- For caregivers to the elderly:
 - The Seniors Helpline: 1800 555 5555
 - Singapore Silver Line: 1800 650 6060
 - Alzheimers' Disease Association Singapore Helpline: 6377 0700 or visit www.alz.org.sg
 - Caregiving Welfare Association: 6466 7957 / 7996 or visit www.cwa.org.sg
 - Touch Caregivers Support: 6804 6555 or visit www.caregivers.org.sg
 - Agency For Integrated Care (AIC): 1800 650 6060 or visit www.AIC.sg
 - Tsao Foundation: 6593 9500 or visit www.tsaofoundation.org
 - Sage Counselling Centre: 6354 1191 or visit www.sagecc.org.sg

HOSPICE & PALLIATIVE CARE

- Singapore Hospice Council: 6538 2231 or visit singaporehospice.org.sg
- Dover Park Hospice: 6500 7272 or visit www.doverpark.org.sg
- HCA Hospice Care: 6251 2561 or visit www.hca.org.sg