

## Description

This workshop seeks to equip educators with the skills and knowledge related to coaching in clinical settings. As an educator, it is important to be able to adopt different roles and use different educational tools in different learning situations.

Learners will explore the differences between mentoring, supervising and coaching in the workshop. Essential coaching tools necessary for an effective coaching session will be highlighted and practised.

#### Duration

Total of 6 hours, comprising a 4 hour workshop (Part 1) and a 2 hour check-in session (Part 2)

Part 1: Theory and practical (1 day) Part 2: Check-in reflection (0.5 days, held one month later)

## Programme Content

This programme will cover the following topics:

- 1. Supervising, Mentoring and Coaching
- 2. The G.R.O.W. model
- 3. Questioning skills in coaching
- 4. Active Listening
- 5. Reflective Sharing

#### **Target Audience**

Clinical teachers and educators from all healthcare professions

#### Learning Outcomes

At the end of the programme, participants will be able to:

- 1. Describe the differences between mentoring, supervising and coaching;
- 2. Apply coaching tool in this model during clinical teaching;
- 3. Demonstrate effective questioning and listening skills in coaching;
- 4. Reflect personal learning experience in applying coaching tool through peers feedback and reflection activity

#### Methodology

Methodologies used will include

- 1. Interactive lectures
- 2. Practical Discussions
- 3. Guided practice with peer feedback
- 4. Facilitated self-reflection

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# **Training Capacity**

30 participants per run

## About the Organiser

Officially established on 19 July 2002, the National Healthcare Group (NHG) College plays an instrumental role in facilitating the continuous learning and development of our workforce, as well as, promoting systems improvement and driving leadership development in NHG. NHG College collaborates with renowned institutions and industry partners to build the pipeline and collective capacities of our leaders, educators, healthcare professionals and staff to support NHG in serving and managing the health of our patients and the population.